



USS MICHIGAN (SSBN 727) (GOLD)



FAMILY INFORMATION HANDBOOK

Welcome to the Michigan Family!

Please take a few minutes to read this Family Information Handbook. This booklet is designed to give families the information they need for a smooth adjustment to life in the Bangor area. Your husband has access to much of this same information at work, but it is helpful if you read this for yourself, and keep it as a reference for use when the ship is at sea.

There are several basic issues that are important to families. These include communications to and from the ship, pay issues, medical care, and other support available in the area. Inside this booklet you will find discussions on these issues, as well as a list of useful telephone numbers.

Remember that each of us is responsible for solving our own problems, and that planning ahead is the best defense against problems while the ship is at sea. Please review this booklet with your husband and ensure that before the ship goes to sea, you are satisfied with the preparations relating to pay, medical support, communications, powers of attorney, ID cards, car registration, etc.

If you have questions, please do not hesitate to contact the Ombudsman. She can direct you to the right person to have your question answered.

I am quite blessed to have the privilege of serving as Commanding Officer of the MICHIGAN GOLD Crew. I am extremely proud of your husbands and the work they do. I know that the wives and families of the crew provide us valuable help and support. I hope that this booklet helps you in return.

D. H. Kuhlmann III
Commanding Officer
USS MICHIGAN (GOLD)

Important Phone Numbers

CO's Wife: Micki Kuhlmann	779-0909	XO's Wife: Marcia Travis	297-7160
COB's Wife: Judy Dessert	308-9929	Ombudsmen: Debra Dodd	697-9369
		Rachel Bonomi	779-8815

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GENERAL INFORMATION

The purpose of this handbook is to provide information for dependents and close relatives of crew members to use when the ship is away from homeport. Although our Navy will provide almost unlimited assistance to dependents, the Navy cannot invade your privacy or assume responsibility for items that are the normal responsibility of the head of household. For example, allotments for dependents and wills are encouraged; however, the Navy cannot order Sailors to make pay allotments or draw up wills. Hopefully, the information in this brochure will assist you in deciding what is best for your family. The BLUE Crew, Group Staff, Submarine Base, and numerous agencies, as well as the wives of our own crew members, are willing and able to provide assistance at your request. Some of the information in this booklet changes frequently. Always ensure that you find out the most current information prior to taking any action.

ITEMS TO CHECK PRIOR TO SHIP'S DEPARTURE

Every effort will be made to ensure that everyone has satisfactorily arranged his personal affairs so that family members experience a minimum of inconvenience. Potential problems which might arise during deployment should be identified and resolved, if feasible, prior to the ship's departure. The following is provided as a check-off list of possible items for discussion/resolution. These items are discussed later in this booklet to assist in discussion/resolution.

- Pay Information
- Dependent ID Cards
- Automobile Insurance/Registration and Base Decal
- Powers of Attorney (General and Specific)

- Wills
- Dependent Child Medical Care Release Form

WHO TO CONTACT IN AN EMERGENCY

If a situation arises during our absence which cannot be resolved through your direct contact with the agency in question or through your point of contact on the "telephone tree", please feel free to call the MICHIGAN GOLD Ombudsman. She should be your first point of contact for any questions or problems. Also, please ensure that the CO's wife, the XO's wife, the COB's wife, or the Ombudsman are informed of any significant event (such as the birth of a child, death in the family, etc.). Information concerning a significant event is transmitted to the ship via special message and delivered directly to the member from the Commanding Officer.

Should problems arise while we are gone which exceed the capabilities of our wives organization, the MICHIGAN BLUE crew and Group Nine Staff stand ready to render assistance. Their numbers are listed later in this brochure.

FAMILY GRAMS

A family gram is good news, a morale builder. If you don't receive Family Grams contact the Ombudsman.

Each crew member is authorized a maximum of 8 family grams for each patrol. Each family gram can contain no more than 50 words. Punctuation does not affect the 50 word limit, so use it liberally to improve the clarity of the message. Any code, riddle or off-beat terms will necessitate returning of the family gram to the sender for correction prior to transmission.

Family grams are typed by the Blue Crew Communications Division for release and transmission via radio frequencies. Remember, other people will read what you write.

It is recommended that family grams be "Paced" and sent about once a week starting the week after departure. Family grams concerning a special event (such as birthdays or anniversaries) should be sent about two weeks in advance. Family grams may be mailed to the off-crew office (address is printed on the back of the family gram form) or dropped off in the drop box which is located across the street from the off-crew building CO/XO/COB parking lot (in front of Wing Hof TTF). If you misplace your family grams, the Ombudsman can send you replacements. (NOTE: Any references to the ship's schedule will be deleted from

the family grams before they are transmitted.)

MESSAGES TO THE SHIP

If an emergency or other situation arises that requires notification of a crewmember while the ship is on patrol, the following procedures should be followed. Your first person to contact should be the Ombudsman, CO's wife, COB's wife, or Executive Officer's wife; they will advise you whom to contact further. If unable to reach one of them, call the off-crew office and speak to the Duty Officer about your situation. When necessary call Commander Submarine Group Nine Duty Officer at 396-6530.

When calling to send a message to the ship, first fill in the applicable information below so you will have the information needed.

SPECIAL MESSAGES

The following information is normally required for special messages pertaining to:

Birth

Who is calling: _____ Phone number: _____

To whom message is being sent: _____

Service Member attached to: **USS MICHIGAN (SSBN 727) (GOLD)** _____

Wife's Name: _____

Baby's Name: _____

Baby's Sex: Male Female Baby's Weight: _____

Baby's Length: _____

Baby's Hair Color: _____

Baby's Eye Color: _____

Date of Birth: _____

Time of Birth: _____

Place of Birth: _____

Hospital Phone Number: _____

*Information verified with: _____

Condition of Baby (Good, unless medical complications): _____

Condition of Mother (Good, unless medical complications): _____

Who else was present (if any): _____

** Verification must be obtained from hospital or family member unless notification is received by message.*

Death

Who is calling: _____ Phone number: _____
 Relation: _____
 Service Member attached to: **USS MICHIGAN (SSBN 727) (GOLD)**
 Name of Deceased: _____ Age: _____
 Relationship of deceased to serviceman: _____
 Place of Death (City, State): _____
 Hospital taken to: _____ Phone number: _____
 Date/time of Death: _____
 Cause of Death: _____
 Date of Funeral: _____
 Funeral Home: _____ Phone number: _____
 Burial to take place at: _____
 Date of burial: _____
 Immediate family in area (support available): _____
 Relationship: _____

(NOTE: Special messages are normally sent only when the death involves a member of the immediate family or family of the spouse. Immediate family as defined by the Naval Military Personnel Manual is: father, mother, person standing in loco parentis (member raised by an aunt or uncle, etc.), spouse, children, brother, sister, or only living relative.)

Serious Illness

Who is calling: _____ Phone number: _____
 Relation: _____
 To whom message is being sent: _____
 Service Member attached to: **USS MICHIGAN (SSBN 727) (GOLD)**
 Name of patient: _____ Age: _____
 Relationship of patient to serviceman: _____
 Has the patient or the patient's next of kin authorized release of information to service member? Yes _____ No _____
 Place of illness (location of hospital or other): _____
 Phone number: _____
 Name of Doctor: _____ Phone number: _____
 Condition: _____ Prognosis: _____
 Hospital admission time and date: _____
 Expected time of hospitalization: _____
 If this message concerns a service member's wife, indicate who is caring for the children (if any): _____

In the event of an emergency within your family, such as critical illness or death, notify the American Red Cross through either the local chapter (360) 396-6708 or (360) 475-4341, or the national headquarters in Washington, D.C. It is important that you provide complete identification of the serviceman and the name of the ship. Complete identification is essential; for example: HMI(SS) JOHN P. JONES, 123-45-6789, USS MICHIGAN (SSBN 727)(GOLD). The Red Cross will verify this information and pass it to the ship by message. Granting of emergency leave will depend largely on the recommendation of the Red Cross, the current operational commitment of the ship, and the availability of adequate transportation. The key point to identify to the Red Cross is why the serviceman's presence is needed. We can take no action on emergency leave without a Red Cross report of the situation. Additionally, emergency leave is normally authorized only in cases where the emergency affects the crew member's immediate family, spouse, children or grandparents if they are "in loco parentis". (That is, the grandparents raised the service member in place of his parents.)

MAIL

The correct postal address is:

Name, Rate, USN
USS MICHIGAN (SSBN 727)(GOLD)
Naval Submarine Base, Bangor
Silverdale, Washington 98315

Mail must be limited in size to a 9 X 12 envelope. All mail received during inport periods will be delivered directly to the ship (time permitting). All mail received when the ship is at sea will be held for delivery at the first opportunity.

The most reliable way to get mail to the boat is to send it to the above address via the U.S. Postal Service.

Periodically the boat will receive a "mail drop". This is when the mail is carried to the boat. Packages will not be delivered.

SECURITY

Exact dates associated with the ship's schedule are classified information. "The necessity for access to, knowledge of, or possession of classified information in order to carry out OFFICIAL MILITARY or other GOVERNMENTAL DUTIES is determined by the Commanding Officer. Responsibility for determining whether a person's duties require that he or she is authorized to receive it rests upon the POSSESSOR of the classified information and NOT upon the prospective recipient." Information about when the crew is scheduled to return will be passed along when possible and appropriate via the phone tree normally 48 hours prior to the event. We are the "silent service". That includes anything to do with schedule or speculation about schedule. If you have any questions about security, contact your Ombudsman.

****YOUR** "need to know" is determined by your command in what they provide for you.

TELEPHONE TREE

In order to disseminate important news such as the ship's return time and date, emergency calls, etc., a wife's telephone call tree has been developed. The call tree will be furnished only to designated individuals, and to COMSUBGRU NINE. These listings are treated as privileged information and will be given only to those persons who have a legitimate need. It is very important that your correct phone number appears on this list as it may be the only method of contacting you rapidly while your husband is away. Only your Sailor can authorize you for the phone tree and meeting the boat. If you have not received a call from a phone tree caller contact your Ombudsman.

Please keep your caller informed of your whereabouts any time you plan to be out of town or otherwise away from home.

PAY INFORMATION

The Navy requires that all crew members be enrolled in the Direct Deposit System (DDS). Any special checks (advance SRB, travel claims, etc.) will be picked up by the BLUE Crew Personnel officer and may be picked-up in the off-crew office only if your husband has given prior permission on his pre-deployment form.

Tax withholding statement (W-2)(if applicable): Husbands can fill out self-addressed envelopes for the off-crew office to mail the W-2 form. The envelope should so indicate its purpose.

Amount of paychecks will not be available over the telephone due to the Privacy Act of 1974.

NAVY FAMILY OMBUDSMAN PROGRAM

An Ombudsman is one who cuts government red tape and acts as liaison between the interested party and the official when normal procedures for problem resolutions are unsatisfactory. The Ombudsman uses a knowledge of where to look for answers, constructive criticism, and a close working relationship with the local command as the tools of the trade. The official role of the Family Ombudsman is not that of a counselor or substitution for types of referral/counseling services provided by the personal service centers, counseling and assistance centers, etc. The function of the Ombudsman is to act as liaison between you and your husband's command. She is available to provide referral services to assist you with your problems and concerns. When you have a grievance or suggestion (pertaining to the medical system, exchange, commissary, child care centers, etc.) you should apply the following procedures:

- **DOCUMENTATION:** Note the date, time, place, names of personnel and the exact account of the episode leading up to the problem.
- **SELF RELIANCE:** State your grievance or suggestion to the manager of the department, supervisor, duty chief or officer, etc., or call the "Hot Line" at the particular facility, use the suggestion boxes, etc.
- **FAMILY OMBUDSMAN:** Report the situation to our Ombudsman for action when you have a legitimate grievance or suggestion for which you have been unable to obtain satisfaction.

FAMILY SUPPORT GROUP

A family support group will meet monthly, time and place will be noted in the newsletter. The newsletter comes out monthly. If you have not received one, please contact the Ombudsman.

NAVY-MARINE CORPS RELIEF SOCIETY

The Navy-Marine Corps Relief Society is a private, nonprofit organization that

helps the Navy and Marine Corps take care of their own. It may provide financial assistance for a variety of valid needs, ranging from the costs of setting up a household to disaster relief. However, the Relief Society does not assist with the purchase of nonessentials, nor does it supplement the income of persons who habitually live beyond their means. Interest-free loans, grants, or combinations of loans and grants may be approved for:

- Emergency transportation;
- Food, rent, and utilities;
- Help when disaster strikes;
- Personal needs when pay is delayed;
- Essential vehicle repairs.

Other services include:

- Education loans for dependent children, spouses, and fleet inputs to commissioning programs;
- Visiting nurse - visits mothers and newborns, housebound retirees, and widows/widowers;
- Layettes - "Junior Seabag"/Budgeting for Baby workshops;
- Budget counseling;
- Thrift shop.

Navy-Marine Corps Relief Society offices are located aboard major Navy and Marine Corps bases, or can provide services through the American Red Cross.

If financial aid is requested, a recent copy of the service member's Leave and Earning Statement (LES) ensures accurate budgeting assistance. Prior to deployment, the service member can **pre-authorize** a specific amount of money to be loaned in case of emergency.

PSNS 377-0602
Bangor Branch 396-6704

AMERICAN RED CROSS

Red Cross Representatives are always ready to help you. The Red Cross handles many types of problems, the most common of which are:

- a. Emergency Leave. The Red Cross cannot grant your husband/son emergency leave, but it plays a definite part in your request to have your service member

AMERICAN RED CROSS (cont.)

granted such leave. It investigates, through its local offices, the circumstances of your case, and presents these facts to the Commanding Officer. In practically every case, a Red Cross verification is necessary before emergency leave can be granted while your husband/son is deployed. Therefore, it will usually save time to contact them when trying to arrange for emergency leave.

b. Communication. The Red Cross is authorized to use the quickest means of communication (even, in some cases, military facilities) to send and receive emergency messages between you and your husband/son.

c. Money. A sudden emergency at home, such as death or sickness in the immediate family, might come to any one of us at a time when we lack necessary money to cover the emergency expenses (Navy Relief should be your first contact in these circumstances). The Red Cross can be very helpful at such times.

d. Allotment Check. The Red Cross may help you in the event an allotment check is delayed and undue, immediate hardship results.

NAVY CHAPLAIN

Navy Chaplains are Clergymen in uniform. They are concerned about any personal problems that Naval personnel and their dependents may have. Navy Chaplains are ready to accept the traditional practice of "taking your troubles to the Chaplain." They work to bring comfort and faith into people's lives. The Chaplain may be your best facilitator in many situations.

The Submarine Base Protestant and Catholic Chaplains may be reached by telephoning 396-6005/6006/6402. A Duty Chaplain is available at all times, day and night, for emergencies. After working hours he may be reached at 396-4864.

FAMILY SERVICE CENTER

The Family Service Center provides a wide assortment of programs and information. The programs are designed to improve the quality of life for military personnel and their families. They have an excellent relocation department, counseling services, printed educational materials, financial counseling, parenting skills, leadership skills and many other life enrichment programs.

The Family Service Center has a wide variety of information available for the Bangor area. They have brochures, maps and travel information on many area attractions and parks. Descriptions of various government benefits and programs, plus information on over 1,000 Navy installations throughout the world is also available. The information will prove useful to persons being transferred who are unfamiliar with their next duty station.

The Family Service Center counselors are also ready to assist you or refer you to other agencies for family or other personal problems that occur at anytime, even while your husband is at home. All services are free and confidential to service members and their families.

The Family Service Center can be reached by calling (360)396-4115 or 1-800-562-3301. The Bangor Family Service Center is one of the most helpful in the Navy.

MEDICAL ASSISTANCE

Medical care is outlined in detail in a handout available at the Navy Regional Medical Clinic. Briefly, all medical care required by family members can be handled through this office. For questions concerning TRICARE, call the TRICARE Office at the Naval Hospital (360)475-0725.

HOSPITALIZATION

If someone in your family is hospitalized at the Navy Regional Medical Center Bremerton or at Madigan Hospital in Tacoma, and you desire your husband be notified on the ship, you must make this fact known when you are admitted. The hospital will not know your husband is deployed unless you tell them. Discuss your concerns upon being admitted to the hospital with the admissions department. The decision on whether the illness is serious enough to warrant your husband's return is an important one made by Commander, Submarine Group Nine. However, no decision can be made unless the hospital starts the process.

FAMILY

IDENTIFICATION CARDS

If you will be needing a new ID card while the ship is deployed, a temporary ID card will be made for you at the Personnel Support Activity Detachment (PSD). Contact the BLUE Crew Personnel Officer at the Off-Crew Office at (360) 396-6466.

AUTOMOBILE

INSURANCE/REGISTRATION AND BASE DECAL

Base automobile stickers are obtained from the Pass and ID and Decal Office, located at the main gate, Naval Submarine Base, Bangor. You must have your automobile registration, proof of insurance, and a driver's license. Be sure to renew insurance, licenses, and base stickers on time. To avoid problems during deployment, have your husband arrange for a valid automobile pass prior to his leaving on deployment. Make sure your insurance meets the requirements of Washington's insurance laws.

VISITOR PROCEDURES

Family members must inform the Pass and ID Office of any visitors arriving who need to get on the Submarine Base. You can reach Pass and ID at 396-4665.

LEGAL ASSISTANCE

The assistance of a Legal Officer or Navy Lawyer may be obtained from Submarine Base, Bangor, Legal at 396-6003.

The Legal Assistance Officer will interview, advise, and assist you in personal legal problems, or in certain cases, refer you to a competent attorney. All matters are treated confidentially. Such matters will not be disclosed to any one without your specific approval.

The type of cases which Legal Assistance Officers can handle for you include drawing up wills, Powers of Attorney, deeds, affidavits, sales and licenses. They can also provide assistance in cases where landlords may be attempting to evict your family.

All families are encouraged to make out wills and Powers of Attorney and the base has facilities available to assist you in executing these forms. Multiple embossed copies of the general Power of Attorney are recommended along with specific Power of Attorney for all known circumstances.

Legal assistance also deals with cases of transfer of property, questions of marriage and divorce, adoption of children, administration of estates, insurance, citizenship, insanity, taxation, personal injury and various cases in which the Soldiers and Sailor Civil Relief Act may be invoked for your protection.

A Legal Assistance Officer cannot represent you as a counsel or appear in person for pleading in or before civil courts, boards or commissions. Navy Legal Assistance Officers are not permitted to accept any fee. In no case will the Legal Assistance Officer act as a collection agency or lend his aid

to defeat fair collection or legal enforcement of any just debt or legal obligation. In serious cases where local assistance is required while the ship is away, the COMSUBGRU NINE Personnel Officer should be contacted so that the Group is aware of your problem and can render the best advice.

POWERS OF ATTORNEY

A Power of Attorney permits you to sign documents in your husband's absence. It becomes invalid in the event of his death. A Limited Power of Attorney authorizing you to sign for your husband in specific situations is recommended for use in your husband's absence. In the case where you wish to cash checks made out to your husband, make certain before the ship leaves the area that the bank or cashing facility will honor your Limited Power of Attorney. Prior to deployment, each family should review any legal obligations expected to arise during deployment (income taxes, automobile registration, etc.) which the husband must fulfill. In the state of Washington, Powers of Attorney cannot be used to sign papers affecting your husband's/son's pay and allowances, either directly or indirectly. That is, you cannot sign his name to request transportation for yourself or your family. Multiple embossed copies of the general Power of Attorney are recommended along with special Power of Attorney for all known circumstances.

WILLS

Wills are recommended to avoid legal entanglements. Different states have different laws regarding property distribution and these do not necessarily fit the desire of the deceased. The Legal Officers on the Submarine Base will assist in the preparations of all legitimate wills upon request.

Wills should be stored in a safe place and their whereabouts made known to all members of the family.

DEPENDENT CHILD MEDICAL CARE RELEASE FORM

In the event that you leave your child to someone else's care, and they become injured necessitating medical care, the Navy Regional Medical Center may not treat your dependents without parental permission. If you will be unable to give that authorization in person, a release form will be necessary for care. A sample release form is included in the back of this handbook.

OBSCENE PHONE CALLS

From time to time, wives receive obscene or crank phone calls from unknown callers. Be alert to this possibility and remember that all official information will come from either a member of the Group NINE staff or from a wife of a crew member via the official call tree. The following action is recommended in case you should receive one of these calls while your husband is away:

- As soon as you realize that you are the victim of an obscene phone call, keep calm and HANG UP. Don't try to carry on a conversation with the individual or find out who he/she is.
- Record the time and date, plus other pertinent information that would aid in identifying the caller (background noise, accents, etc.).
- Report the matter to the police and to the telephone company.
- Report it to the COMSUBGRU NINE Operations Duty Officer (396-6530) who will see that the information gets into the appropriate hands.

- If you continue to receive these calls, you can have the telephone company change the number (unlisted if you desire); then you can limit and keep track of those to whom you give your number, i.e. COB's wife and Ombudsman. Be sure that you keep the Submarine Group informed of changes.
- A whistle blown loudly into the telephone mouthpiece has been found to be an effective deterrent to an obscene phone caller.

INDEBTEDNESS AND CREDIT

It is probably not realistic for most people to stay away from borrowing entirely. Certainly, the use of credit is well established in our country.

All too often, a person in need of money fails to think logically about the matter. Instead, he or she acts on sheer impulse, going to the first organization that will lend money. This procedure is not only foolish, it can also be downright dangerous.

First of all, you can be absolutely sure that using credit (borrowing money) is expensive. Therefore, use credit sparingly. Borrow only when necessary and only if you can afford to do so. There are times when it is better to do without that new car or television set until such time that you can pay cash, or at least make a substantial down payment.

In the event you decide that a certain expenditure is absolutely necessary, consider using money in your savings account or other liquid assets. If you decide you must borrow, be certain you seek out the best possible terms available to you. This means taking your time and inquiring at several lending institutions such as commercial banks, credit unions, and savings and loans associations. Examine the contracts of each thoroughly and ask

questions about points you don't understand. If the lender does not give you satisfactory answers, go somewhere else. Do not count on the law to protect you. Laws are not always as strict as you might think.

Avoid pay-day loan companies which charge a significant fee to borrow money against your next pay check.

It is important that you understand the fact that significant debt will affect your husband's security clearance and is likely to have an adverse effect on his career.



IMPORTANT

PHONE NUMBERS



The following pages provide emergency phone numbers and the most commonly called phone numbers. Although every effort has been made to ensure that these numbers are current and correct, phone numbers do get changed for various reasons. If you find a number to be incorrect, please inform us so we can correct it.

**EMERGENCY PHONE NUMBERS****AMBULANCE**

SUBASE only 315-4222
Off Base 911

POLICE

SUBASE only 396-4444
Off Base 911

POISON CONTROL CENTER

. 1-800-732-6985

SEXUAL ASSAULT CENTER

. 479-8500

KITSAP MENTAL**HEALTH/YOUTH DRUG**

PROGRAM 479-4994

FIRE

SUBASE only 396-4333
Off Base 911

NAVY RELIEF

Local 396-6704
National . . . 1-800-562-3301

COMMUNITY CRISIS LINE

. 1-360-479-3033

**EMERGENCY ROOM NAVAL
HOSPITAL**

. 475-4286

ALIVE 479-1980

PUBLIC WORKS**EMERGENCY - SUBASE**

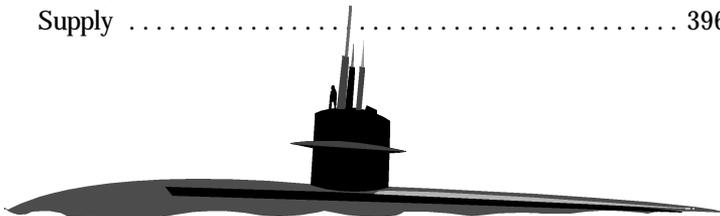
. 396-4341

**SHIP'S PHONE NUMBERS****OFF-CREW**

Quarter Deck 396-6311
COB 396-8337
Personnel Officer 396-6466

ON SHIP (at Bangor)

CO/XO 396-6430
Officer's Study 396-6399
Engine Room 396-6398
Ship's Office 396-6419
COB 396-6638
MCC/NAV CTR 396-6470
CPO Quarters 396-6638
Supply 396-6396



**FREQUENTLY CALLED NUMBERS**

American Red Cross

Naval Hospital 475-4341

After 4:00 p.m. (1600) (360)535-8326

Bank - Kitsap Bank (Bangor branch) 779-9000

Buses - Kitsap Transit 373-2877

Chapel/Chaplain 396-6005

After Hours 396-4864

Child Care - Resources and Referral 396-5920

Commissary

SUBASE Bangor 396-6025

PSNS Bremerton 405-1971

Consumer Credit Counseling Service 1-800-244-1183

Consumer Information - FSC 396-4115

Counseling Service - FSC 396-4115

Credit Union - Kitsap Federal 697-2330

Dispensary - SUBASE Bangor 315-4341

Driver's Licensing 478-6975

Duty Offices

SUBASE Bangor 396-4864

COMSUBGRU 9 396-6530

COMSUBRON 17 396-4655

Education Services/Navy Campus 396-6666

Family Practice - SUBASE 315-4361

Family Service Center (FSC) - SUBASE Bangor 396-4115

Financial Service - FSC 396-4115

Fire Department - SUBASE Bangor (Routine Calls) 396-4663

Food Stamps (DSHS) 478-4995

Fraud, Waste and Abuse HOTLINE 1-800-522-3451

Galley 396-4296

Household Goods (Personal Property (Tuesdays Only)) 396-6225

Housing Maintenance (Trouble Desk - 24 hours) 396-4341

Housing Office - SUBASE Bangor 396-4399

ID Cards 396-5731

Information

SUBASE	396-6111
Off Base	1- (area code)-555-1212

Information and Referral - FSC	396-4115
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Legal Services Office	396-6003
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Library

SUBASE Bangor	535-5918
Kitsap County Main Branch, Bremerton (Ref. Desk)	377-7601

MWR

Business Office	396-7123
Auto Hobby Shop - SUBASE Bangor	535-5921
Bowling Lanes	535-5917
Child Development Center	396-5920
Leisure Skills Outreach Office	535-5919
Food and Beverage	535-5928
GYM	535-5942
Health and Fitness	535-5909
HIGH VOLTAGE Young Adult Program	535-7000
Leisure Services Office	535-5925
Outdoor Recreation Gear Issue	535-5919
Personnel Office	396-6929
Travel Agency (Leisure)	535-5912
SATO/Travel Agency (Official)	396-4628
Swimming Pool Office	535-5941
Theater	535-5923
Youth Programs, Building 1006	535-5915

Naval Hospital Bremerton - Information Switchboard	475-4000
..... or calls transferred to departments	1-800-422-1383

Navy Exchange - SUBASE BANGOR	697-8703
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Navy Exchange - OPERATOR	779-3365
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Navy Lodge	779-9100
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Navy Relief

SUBASE Bangor	396-6704
PSNS Bremerton	377-0602

NAVPTO (PSD) Transportation Office	396-4242
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Operator - SUBASE Bangor	396-6111
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Pacific Beach Rec Area (Reservations)	(360)276-4414
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Pass & ID Office (Main gate)	396-4665
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Personnel Support Detachment (PSD) - SUBASE Bangor	396-5710
Police - SUBASE Bangor (Routine Calls)	396-4313
Post Office - SUBASE Bangor	396-6141
Red Tide	1-800-562-5632
Relocation Program - FSC	396-4115
SCHOOLS	
Central Kitsap General Information	692-3111
Educational Services/Navy Campus	396-6666
North Kitsap General Information	779-8704
South Kitsap General Information	876-7300
Ship's Information	
SUBASE Bangor	396-6311
PSNS Bremerton	476-3711
Spouse Employment Program - FSC	396-4115
Thrift Shop	779-7034
Transition Assistance Program - FSC	396-4115
TRICARE Reservations	1-800-404-4506
Enrollment	1-800-982-0032
Service Center	1-360-475-0725
Health Care Finder	1-800-404-2042
Vehicle Registration and Inspections	895-3740
Veterinary Clinic (M-T-W only 8am - 2pm)	396-7900
Washington Ststae Ferry Information	1-800-843-3779

 **PHONE NUMBERS FOR THE HANDICAPPED** 

Service for the blind

Kitsap Regional Library Outreach	405-9123
Vision Department Services for the Blind	1-800-552-7103

Service for the mentally handicapped

Mental Health Professional	373-5031
Holly Ridge Center	373-2536
Washington Association for Retarded Citizens	377-3473

Service for physically handicapped

Holly Ridge Center	373-2536
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WHAT TO DO WHEN THE BOAT RETURNS

Normally 48 hours prior to the boat returning, the actual date, time, and “meeting place” will be passed to you via the phone tree. **DO NOT DISCUSS THIS INFORMATION IN PUBLIC OR CALL FRIENDS AND FAMILY TO GIVE THEM THIS NEWS.** Only those with **NEED TO KNOW** should be informed.

You will be informed of the time and place to meet on base (for example, the bowling alley parking lot), to board the bus for the trip to lower base. Please be on time or you may be left behind.

Ensure that you bring the following:

- ♥ Military ID or drivers license.
 - ♥ Wear comfortable, sensible clothing. (You may find a long wait if the boat is delayed.)
 - ♥ Keep a close eye on your children and control their movements as the pier area is surrounded by water and is an industrial area. (Bringing some snacks or toys for your children may be a good idea to keep them from getting restless).
 - ♥ DO NOT bring a camera or pets.
 - ♥ DO NOT drive to lower base. Parking is very limited and illegally parked vehicles are rapidly ticketed or towed.
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DEPENDENT CARE AUTHORIZATION

Dependent Child's Full Name: _____

I do hereby certify that I am the natural parent or legal guardian of the above-named minor child, who is entitled to treatment and/or hospitalization under the Dependents Medical Care Act (10 USC 1071-1085) and the Military Benefits Amendments of 1966 which were effective 1 October 1996.

The entitlement for care is based upon the relationship of (son/daughter/step-child) to:

Name of Sponsor (Last, First, MI) _____

Social Security Number: _____

Rank/Rate: _____

Duty Station: **USS MICHIGAN (SSBN 727) (GOLD)**

Duty Phone: **(360) 396-6311**

Home Phone: _____

In the event that neither parent nor guardian of the above-named dependent is immediately available:

a. I hereby authorize any qualified member of the Medical Department of the U.S. Armed Forces to render any required first aid treatment which they believe is necessary for the above-named dependent.

b. I further authorize the U.S. Armed Forces Medical Department to perform treatment which includes all types of minor surgery, cleansing of wounds, minor incisions and suturing when necessary. Major surgery will not be performed until I have executed a Standard Form 522 for that specific surgery.

c. I further authorize _____ as lawful custodian and responsible person to act in my behalf in case of injury or illness to the above-named dependent.

d. I further authorize any Medical Officer to perform all measures which are necessary in the case of the above-named child (including but not limited to the administration of anesthesia or performance of operations or removal of tissue).

e. This limited Power of Attorney is given until my dependent has reached the legal age of consent or until I revoke this document.

This child is allergic to: _____

This authorization commences on _____ and terminates on _____ or revocation by competent Medical Department Representative.

Signature

Date

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